

Internal World and External Reality - Object Relations Theory Applied

516

BOOK REVIEWS

enjoys the propensity to create apparitions, or pseudo hallucinations—or whatever you would care to call them.

Her first experience of this phenomenon was during a state of emotional crisis when the apparition of her father who, allegedly, had attempted to rape her at the tender age of ten, manifested itself in her bed.

Dr Morton Schatzman, the author, who became her psychotherapist, exploits this bizarre propensity therapeutically in order, it would seem, that she might displace her somewhat ambivalent feelings about her father onto the apparition.

However, in the course of the treatment, and with the active encouragement of Dr Schatzman, Ruth extends her repertoire very considerably indeed and at the drop of a hat, can conjure up apparitions of herself, or anybody else for that matter, apparitions who can talk, be touched and smelled. However, not all these apparitions are unpleasant in any manner of means. She can create, most conveniently, a companion for herself on a long car journey, or even more to the point, succeed in creating an apparition of her husband who proceeds to make love to her. "It's not adultery if you make love with an apparition of your husband?", she asks naively. It's a moot point, isn't it, and one that academic lawyers would love to get their teeth into.

Dr Schatzman retains a degree of scepticism—and who wouldn't?—and in order to explore these phenomena further enlists the aid of psychologists, physiologists and psychiatrists at prestigious London hospitals, including the Maudsley. The answer they come up with is a nice juicy psychiatric lemon.

At one point in the narrative, Dr Schatzman reflects that his relationship with Ruth "had been impressing upon me that the human understanding of the mind is very limited and that much indeed remains unknown". And so say all of us.

HENRY R. ROLLIN, *Consultant Psychiatrist,
Epsom, Surrey*

Internal World and External Reality: Object Relations Theory Applied. By OTTO KERNBERG. New York: Jason Aronson, 1980. Pp 360. \$27.50.

Otto Kernberg is among the foremost of present-day writers on psycho-analytic object relations theory and he has made significant contributions to the

understanding and treatment of borderline states. His latest work is primarily concerned with the applications of this theory.

He begins with a brief review of the clinical and research findings leading to his present theoretical stance, in essence an object relations theory based on and consistent with ego psychology. In his critical review of the theories of Klein and Fairbairn he adopts those contributions which he considers of value and freely acknowledges his theoretical debt to them. It might be considered by some that his debt to Melanie Klein is perhaps even greater than that which he acknowledges.

Many of the applications will be of interest not only to psycho-analysis but to all professionals in the field of mental health—particularly those chapters on regression in groups and organizations and on the interaction between groups and their leaders. He also discusses consultancy and would appear to lean towards the "engineering model" where the consultant attempts to define the problem and offer a solution rather than the "experimental model" where the consultant works with the organization in such a way as to allow it to define its own problem and find its own solution.

For the clinician those chapters on narcissism and on a theory of psycho-analytic psychotherapy must be of special interest. In the former an important finding is the possibility of a better prognosis in the older rather than the younger age range in the treatment of some narcissistic patients. In the latter Kernberg would find considerable support among some psycho-analysts in this country for his views and findings insofar that psycho-analytic psychotherapy must be clearly defined and distinct from psycho-analysis and furthermore it is an appropriate treatment for some patients presenting with severe character pathology.

In the final section on love, the couple, and the couple and the group, he presents some original psycho-analytic formulations.

Dr Otto Kernberg in this excellent work offers a comprehensive survey of his theoretical and clinical approach. For psycho-analysts it is a rich and challenging book. For psychiatrists it demonstrates clearly the considerable developments which have occurred in psycho-analytic thinking and practise.

JAMES D. TEMPLETON, *Consultant Psychotherapist,
Southern General Hospital, Glasgow*

Internal World and External Reality: Object Relations Theory Applied [Otto F. Kernberg] on balimedkarangasem.com *FREE* shipping on qualifying offers. The text presents. IVith object relations theory and the concept of internalized object relations as focus and theme, Kernberg's central objective in this vol- ume is to delineate the. Download PDF PDF download for Internal World and External Reality: Object Relations Theory Applied. By Otto, Article information. Internal World and External Reality: Object Relations Theory Applied. In this work, Dr Kernberg presents his views of normal and pathological narcissism and of the technical complication of these views in respect of applied therapeutic techniques. The text presents expositions and critiques of the theories of Melanie Klein, W.R.D. Fairbairn and Edith Jacobson, and correlates the authors own work with that. Internal World and External Reality: Object Relations Theory Applied. Front Cover. Otto F. Kernberg. J. Aronson, - Group psychoanalysis - pages. Internal World and External Reality: Object Relations Theory Applied. Myron F. Weiner Dallas, Texas. Pages Published online: 29 Oct. Internal World & External Reality has 7 ratings and 0 reviews. In this work, Dr Kernberg presents his views of normal and pathological narcissism and of. Internal world and external reality: object relations theory applied / Otto F. Kernberg New York: J. Aronson, - Classical psychoanalysis and its applications. Internal World and External Reality: Object Relations Theory Applied. By Otto Kernberg. New York: Jason Aronson. Pp \$Internal World and External Reality: Object Relations Theory Applied. Front Cover. Otto F. Kernberg. Jason Aronson Incorporated, - Group psychoanalysis. 5 Nov - 36 sec - Uploaded by Lewis Riley Internal World and External Reality Object Relations Theory Applied. Lewis Riley. Loading. Internal World and External Reality: Object Relations Theory Applied. By Otto F. Kernberg. \$ Pp. New York: Jason Aronson, As controversy. Book Reviews INTERNAL WORLD AND EXTERNAL REALITY: OBJECT RELATIONS THEORY APPLIED. By Otto F Kernberg. New York: Jason Aronson, 27 Aug - 31 sec Watch [PDF] Internal World and External Reality: Object Relations Theory Applied Popular.

[\[PDF\] The Quarterly Journal Of Pure And Applied Mathematics, Volume 4](#)

[\[PDF\] Die blumen des bosen: Umdichtungen von Stefan George \(German Edition\)](#)

[\[PDF\] The MASK OF ZORRO MOVIE TIE IN](#)

[\[PDF\] Minas Joint](#)

[\[PDF\] Of Spies and Lies: A CIA Lie Detector Remembers Vietnam \(Modern War Studies \(Hardcover\)\) \(Hardback\)](#)

[\[PDF\] Cavafys Alexandria: Study of a Myth in Progress](#)

[\[PDF\] Masterpieces of Mystery \(Illustrated\)](#)